



# Telling Your Story

for consultants, team leaders,  
and team members

## problems solved

- ✓ Uncomfortable or unclear on how to speak in informal situations about what you do
- ✓ Not being fully engaged in active listening
- ✓ Creativity and Innovation are stifled
- ✓ Lack of confidence in communication and appearing indecisive

## benefits

- + Increase “story telling” skills
- + Augment confidence in informal conversation
- + Communication skills breakthroughs
- + Increased engagement
- + Maximize creativity

## how we do it

Through a series of specifically chosen exercises and activities the team and/or individual will be full participants in achieving goals that cannot be reached by not being fully engaged and trusting in one’s creativity. The exercises and games start off very simple and allow the participant to have a great time while melting away inhibitions and allowing the creative mind to emerge. We then look at the “Yes and...” approach and use it to enter into creative dialogue. The next series of activities are specifically designed to enhance creation of ideas, quick thinking, active listening, and storytelling capabilities. This allows for the accomplishment of individual, team and organizational goals and objectives.

These workshops come in segments of 2 hours, 3.5 hours (half day), and 6 hours (full day) depending on group size and goals.



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